Discussion Title: The Age of Doubt	**Category**: Lifestyle

	Opening Question:	Pick 6 individuals to share. 5 minutes total.
Q.	**When you think of the word doubt, what does it mean to you?**	
Q.	**What are some things that trigger doubt?** • Relationships, marriage, finances, school, etc.	

Q.	**Can doubt ever be good? How?**
	• It could lead us to search for real answers… Should we just be willing to seek out the truth?
	  ○ Jeremiah 29: 12-13
	  "Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."	

	Let's look at some passages in the Bible when people were tempted to doubt spiritually.	

Lesson:

	Read Psalm 42:3; 9-10 (MSG) - Vs. 3 "I'm on a diet of tears—tears for breakfast, tears for supper. All day long people knock at my door, Pestering, "Where is this God of yours?" - Vs. 9-10 "Sometimes I ask God, my rock-solid God, "Why did you let me down? Why am I walking around in tears, harassed by enemies?" - They're out for the kill, these tormentors with their obscenities, Taunting day after day, "Where is this God of yours?"	Pick 1-2 individuals to answer each question (Q). Keep track of time during the discussion. Keep the discussion focused and on point. Avoid going off on a tangent topic. Additional notes:
Q.	**How does doubt play a role in this scripture?** • Doubt enters when it seems God isn't responding.	
Q.	**How do you get rid of your doubt?** • Truth erases any doubt.	
	John 8:31-32 Vs. 31-32 "To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."	
Q.	**What was Jesus' answer to gaining truth?** • If you have doubts about the Bible or Jesus, investigate by studying the Bible.	
	Conclusion: We can find truth about Christianity and its bold claims by simply studying the scriptures. Get into a Bible study today with the person who brought you out.	